**Nancy Poole PR press release  
07957 342 850 ∙ nancy@nancypoolepr.com**

**Kali Theatre presents the world premiere of  
SUNDOWNING  
written by Nessah Muthy, directed by Helena Bell, designed by Rajha Shakiry  
at Theatre Royal Plymouth from 10 – 13 October 2018  
at Tristan Bates Theatre, London from 16 October – 3 November 2018   
at The Curve, Slough on 9 + 10 November 2018  
National Press Night: Thursday 18 October at Tristan Bates Theatre**

**Kali Theatre** presents ***Sundowning***, a frank and intensely moving new play about the true cost of care, written by **Nessah Muthy** (recent winner of the Adrian Pagan Award and the inaugural Verity Bargate Character 7 Award). The cast is **Hazel Maycock, Nadia Nadif** and **Aasiya Shah**.

Love, loneliness and guilt ricochet between three generations of women as *Sundowning* brings home the brutal realities and responsibilities of caring for those living with dementia, and the impact on everyone involved.

When Alyssa returns from prison, she is devastated to find her aunt has put her beloved grandmother Betty in a care home. Determined to give her one last jolly, jingle filled holiday and recapture childhood memories, Alyssa kidnaps Betty and the pair embark on a campervan road trip to the seaside. But soon Betty’s dementia and Alyssa’s troubled past catch up with them.

**Nessah Muthy, playwright:** *'This play has been with me for a long time. It is inspired, in a small way, by my relationship with my own grandparents, who played a huge part in my upbringing, but the experiences of my characters affect so many, crossing class, wealth and ethnicity. My own experience of dementia has reared unimaginable pain, fear and anger, but also colossal, everlasting love. Ultimately love is what is left and in that there is hope. I have immensely enjoyed developing the play with Helena – including delivering workshops and spending time with people who have dementia – and am thrilled to see it come to the stage.’*

**Helena Bell, Artistic Director, Kali Theatre / director, Sundowning:** ‘*I have been a fan of Nessah’s writing since we first started developing work together almost a decade ago. She has a gift for conveying and scrutinizing human feeling in the most understated and lyrical way. I am delighted to be bringing Sundowning to the stage. A portrait of how family love and guilt can bind us, it feels so personal yet so universal whilst – with an aging population and diminishing resources – fuelling a timely and important conversation.’*

Nessah Muthy is a Writer's Guild Award nominated writer, winner of the Adrian Pagan Award 2018, and the inaugural recipient of the Verity Bargate Character 7 Award. She has worked with a number of theatres including Royal Court Theatre, HighTide, National Youth Theatre, Cardboard Citizens, Punchdrunk and Theatre Centre, and is under commission to Iris Theatre and National Youth Theatre. For screen, Nessah has written for Holby City and EastEnders: E20 and is currently developing a number of new ideas for television.

*Sundowning* is directed by Kali Theatre’s Artistic Director **Helena Bell** with design by **Rajha Shakiry**, whose recent credits include *Nine Night* at the National, *Misty* at the Bush, and *The Mountaintop* at the Young Vic. Lighting design is by **Pablo Fernandez Baz** and sound design by **Dinah Mullen**with video design by **Daniel Denton**.

**PRESS CONTACT: Nancy Poole / 07957 342 850 / nancy@nancypoolepr.com**

**NOTES TO EDITORS**

**Listings details**

**Venue: Theatre Royal Plymouth**, Royal Parade, Plymouth, PL1 2TR

**Dates + time:** 10 – 13 October at 7.45pm **Box office:** 01752 267222 / theatreroyal.com

**Tickets:** £15

**Venue: Tristan Bates Theatre**, 1A Tower Street, London, WC2H 9NP

**Dates + times:** 16 October–3 November at 7.30pm, + 20, 27 October, 3 November at 3.30pm  **Box office:** 020 3841 6611 / tristanbatestheatre.co.uk

**Tickets:** £15 (£10 concessions)

**Venue: The Curve,** William Street, Slough, SL1 1XY  
**Dates + time:** 9 + 10 November at 7.30pm  
**Box office:** thecurveslough.com

**Tickets:** £8 - £10

**Biographies**

**KALI THEATRE** *Intrepid plays by fearless women since 1991.*

Kali Theatre produces thought-provoking, contemporary new writing by South Asian women which reflects and comments on our lives today. Kali's award winning productions have won rave reviews, sold out performances, and inspired audiences throughout the UK and beyond.

**NESSAH MUTHY**

Nessah Muthy is a Writer's Guild nominated writer and winner of the Adrian Pagan Award 2018. She has worked with a number of theatres including: the Royal Court Theatre, HighTide, the National Youth Theatre, Cardboard Citizens, Kali Theatre, Punchdrunk and Theatre Centre.  For theatre, Nessah is presently under commission to: Iris Theatre and the National Youth Theatre. For screen, Nessah has written for Holby City and EastEnders: E20. She is the inaugural recipient of the Character 7 Award and is currently developing a number of new ideas for television.

**HELENA BELL**

Helena joined Kali Theatre as Artistic Director in December 2017. Her extensive career (spanning over 25 years) has focused entirely on developing, directing and touring new theatre writing. She was Artistic Director of Pursued by a Bear Productions from 2006 until 2016 and Co-Artistic Director of Brighton’s Alarmist Theatre from 1988 to 1998. Her freelance directing and dramaturgical work includes early plays for Kali such as *River on Fire* by Rukhsana Ahmad (shortlisted for the Susan Smith Blackburn Award; produced at Lyric, Hammersmith & UK tour) and *Love Comes In At The Window* (double bill by Ahmad and Anu Kumar - Oval House, London & National Tour). More recently she directed Satinder Chohan’s acclaimed Olympic Year play - *Kabaddi, Kabaddi, Kabaddi* as a co-production between PBAB and Kali (Arcola Theatre & National Tour) and in 2015 Veronica Dewan’s *She Is Not Herself* for Kali at Tristan Bates, London. Helena’s productions as Kali’s Artistic Director include *War Plays* (a season of staged readings at Tristan Bates Theatre) and *Ready or Not* by Naylah Ahmed (Arcola & National Tour).

**CAST:**

**AASIYA SHAH**’s theatre credits include *Spun* (Arcola), *Anita and Me* (Birmingham Repetory theatre UK tour), *Tipping The Velvet* (Lyric Hammersmith/Royal Edinburgh Lyceum), and *Child of the Divide* (Tamasha). TV includes *Call the Midwife* (BBC), *The Level* and *Unforgotten* (ITV).

**NADIA NADIF**’s theatre credits include *Our Passion* (Middle East tour), *Macbeth* (French language, Voila Festival), *Timon of Athens* (The Factory/Willow Globe), *The Scar Test* (Soho Theatre/tour), *Catalina* (Ovalhouse/tour), *Unsung* (Wiltons Music Hall/tour), *Londonee* (Rich Mix Theatre), *The House of Bernarda Alba* (Almeida), *Burst* (The Zoo, Edinburgh), *New Anatomies* (BAC), *Sweeney Todd* (Shunt Vaults), *Much Ado about Nothing* (Baron's Court Theatre), *Dona Rosita the Spinster* (Theatre Royal Haymarket), *Our Country's Good* (Colchester Mercury Theatre). TV includes: *The Secret World of Yarl's Wood* (BBC2), *Marshal's Law* (nominated for Best Sitcom 2012).

**HAZEL MAYCOCK**’s theatre credits include *The Secret Keeper*(Clerkinworks tour), *Frozen* (Fingersmiths tour), *Duck* (Unicorn Theatre), *Macbeth, All My Sons,**Dangerous Corner,**Wizard of Oz*(Birmingham Repertory Theatre), *Talking Heads, Misery, Once we were Mothers, Top Girls* (New Vic), *Big Baby, A Spell of Cold Weather, Common Heaven, Turncoat* (Theatre Centre), *A Christmas Carol* (Young Vic), *Lear’s Daughters, New Anatomies* (Women’s Theatre Group), *The Falling Sky* (Oxford Touring).