

Sundowning

by **Nessah Muthy**

Betty **Hazel Maycock**
Teresa **Nadia Nadif**
Alyssa **Aasiya Shah**

Director Helena Bell
Writer Nessah Muthy
Designer Rajha Shakiry
Lighting Designer Pablo Fernandez Baz
Sound Designer Dinah Mullen
Video Designer Daniel Denton
Choreographer Yarit Dor
Production Manager Kate Jones
Company Stage Manager Charlotte R L Cooper
Wardrobe Support Alex Horner

Kali Theatre

Artistic Director **Helena Bell**
Executive Director **Christopher Corner**
Administrator **Samia Djilli**
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Marketing **Reshmi Mayer**

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Please take a moment to tell us what you thought of Sundowning on the feedback form included with this programme or go to our website www.kalitheatre.co.uk and look for the feedback tab on our Contact page.

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In February/March next year, look out for our three showcases of new work from our current Discovery writer development programmes in London, Birmingham and Leicester.

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OCTOBER/NOVEMBER 2018

COMPANY BIOGRAPHIES

Sundowning: (sŭn'dou'nĭng) *n.*

A state of increased agitation, confusion, disorientation, and anxiety that typically occurs in the late afternoon or evening in some individuals affected with dementia

Sundowning is a play that has been with me for a long time. I first approached Helena Bell with the idea in 2014. Helena believed in *Sundowning* from the start. More than that, she pushed me to dig and dig again, deep beneath my characters and so pave the way for these complex and flawed working class women. These are characters seen too little on our stages, screens and crucially at the centre of our stories. Helena embarked on endless research with me and generously helped me find a way to turn a personal heartbreak into a proper story.

The play is not all autobiographical but the parts that are, are a love letter to my dear Nan, and both my grandparents. A thank you for the eternal love they showed me and my eternal guilt that I was never able to save Nan, save us all, from the depths of this vile and cruel illness. Because that's what it is, there's no getting away from it. There are small joys, glimmers of course, but still...

The glimmer, the hope, I sometimes feel is found in the fact that occasionally, for me, time doesn't really exist at all. Reality is in fact a blurred state of the past, present and future all melded in to one. With this I am able to believe my Nan is always with me, forever.

Nessah Muthy

Betty Hazel Maycock

The Secret Keeper; Fingersmiths – Frozen (Clerkinworks); *Duck* (Unicorn Theatre); *Macbeth, All My Sons, Dangerous Corner, Wizard of Oz* (Birmingham Rep); *Talking Heads, Misery, Once We Were Mothers, Top Girls* (New Vic); *Big Baby, A Spell of Cold Weather, Common Heaven, Turncoat* (Theatre Centre); *A Christmas Carol* (Young Vic); *Lear's Daughters; New Anatomies* (Women's Theatre Group); *The Falling Sky* (Oxford Touring).

Nadia Nadif Teresa

Theatre includes: *Our Passion* (Middle East tour), *Macbeth* (French language, Voila Festival), *Timon of Athens* (The Factory / Willow Globe), *The Scar Test* (Soho Theatre/tour), *Catalina* (Ovalhouse/ tour), *Unsung* (Wiltons Music Hall / tour), *Londoner* (Rich Mix Theatre), *The House of Bernarda Alba* (Almeida), *Burst* (The Zoo, Edinburgh), *New Anatomies* (BAC), *Sweeney Todd* (Shunt Vaults), *Much Ado About Nothing* (Baron's Court Theatre), *Dona Rosita the Spinster* (Theatre Royal Haymarket), *Our Country's Good* (Colchester Mercury Theatre). **TV includes:** *The Secret World of Yarl's Wood* (BBC 2), *Marshal's Law* (nominated for Best Sitcom 2012). **Voice work includes:** ADR (Arabic/English) for the new live action version of *Aladdin* (Disney).

Aasiya Shah Alyssa

Aasiya has recently finished a run at the Arcola of *Spun*. **Other theatre credits include** *Anita and Me* (Birmingham Rep & tour), *Tipping The Velvet* (Lyric Hammersmith/ Royal Edinburgh Lyceum), *Child of the Divide* (Tamasha). **TV includes** *Call the Midwife* (BBC), *The Level* (ITV) *Unforgotten* (ITV).

Nessah Muthy Writer

Nessah Muthy is a Writer's Guild Award nominated writer and winner of the Adrian Pagan Award 2018. She has worked with a number of **theatres including:** the Royal Court Theatre, HighTide, the National Youth Theatre, Cardboard

Citizens, Kali Theatre, Punchdrunk and Theatre Centre. Nessah is presently under commission to Iris Theatre and the National Youth Theatre. **For screen,** Nessah has written for *Holby City* and *EastEnders: Ezo*. She is the inaugural recipient of the Character 7 Award and is currently developing a number of new ideas for television.

Helena Bell Director/Dramaturg

Helena became Artistic Director of Kali Theatre in December 2017. She was previously AD of Pursued by a Bear Productions, a new writing company resident at Farnham Maltings. **Productions include** *The Lamellar Project* by Grant Watson (Arcola Theatre, tour and 2017 US transfer); *Kabaddi Kabaddi Kabaddi* by Satinder Chohan, co-produced with Kali Theatre (Arcola and UK tour); *Kalashnikov – in the Woods by the Lake* by Fraser Grace in association with Oxford Playhouse and Mercury Theatre, Colchester; *Footprints in the Sand* by Oladipo Agboluaje & Rukhsana Ahmad (Oval House & National Tour). Prior to PBAB she was Co-Artistic Director of Brighton's Alarmist Theatre, directing and touring many new plays including *Fossil Woman* by Louise Warren (Lyric, Hammersmith); *The School of Night* by Stephen Plaice (Pleasance, Edinburgh Festival) and *The Bedbug* (British Council tour to Moscow). She directed several early plays for Kali including Rukhsana Ahmad's acclaimed *River on Fire* - nominated for the Susan Smith-Blackburn Award (Lyric Hammersmith and UK tour). Helena has also regularly worked as a freelance dramaturg and guest director with new writing companies and drama schools across the U.K.

Rajha Shakiry Designer

Training: Wimbledon School of Art (BA) and Royal Central School of Speech and Drama (MA, distinction). **Theatre Includes:** *Nine Night* (National Theatre), *Misty* (Bush Theatre, Trafalgar Studios), *The Mountaintop* (Young Vic/JMK), *Mobile* (The Paper Birds), *The Head Wrap Diaries* (The Place, Uchenna Dance), *Muhammad Ali @ Me* (Mojisola Adebayo), *How Nigeria Became* (Unicorn theatre),

I Stand Corrected (Mojisola Adebayo & Artscape Cape Town, London and Singapore), *Richard II* (Jericho, Palestine and Shakespeare's Globe), *Visible* (Cardboard Citizens and RSC), *Krunch and Sweet Taboo* (Talawa TYPT) and *Still Life Dreaming* (Spare Tyre and Wellcome Trust, Pleasance, Edinburgh Fringe). Rajha's current **collaborations include** projects with Fuel alongside work with The Globe, National Theatre and Bush Theatre. Rajha's work has been exhibited at the V&A (Make:Believe, 2015) and as a World Stage Design 2013 finalist.

Pablo Fernandez Baz Lighting Designer

Pablo Fernandez Baz was born in Galicia. He studied film and photography before graduating as a Lighting Designer at the Central School of Speech and Drama. Companies he has worked with include: NoFit Circus, Zecura - Ura, Tricycle Theatre, Talawa Theatre, Stonecrabs Theatre, Little Soldier Productions, Yellow Earth Theatre, Kiln Theatre and The Spanish Theatre Company. Former Lighting Designer at Fourth Monkey, Pablo has recently designed for CircusFet2018, CasaFest2018 and Tanzsolofestiv 2018, (a dance festival in Bonn). He lately assisted multi-awarded Lighting Designer Felipe Ramos at Los Teatros del Canal, Madrid.

Dinah Mullen Sound Designer

Dinah has worked with Coney, The Tricycle, The Egg (Theatre Royal Bath), Stonecrabs Theatre Company, Churchill Theatre Bromley and The Blue Elephant as Designer and Sound Design mentor for community based projects. She has collaborated with companies including Paniclab, Mars.tarrab, Yellow Earth, Footprint Project and Neil Bartlett for venues/ festivals including UnderBelly/ Zoo Venues at Edinburgh Festival, The New Diorama, Southwark Playhouse, Albany, Oval House, Hackney Empire Studio, Oval House, Montreal Fringe Festival, BAC, Little Angel, The Place, Roundhouse Studio, National Theatre for NT Connections, Hampstead, CPT, Burning Man Festival, Rich Mix, Soho Theatre, Dance City Newcastle, Cambridge Junction, Unity Theatre - Liverpool Homotopia Festival, Toynbee Studios, Duckie, Stratford Circus, Park Theatre, Chelsea Theatre, Birmingham Rep - BE Festival, Spill Festival, Brighton Theatre Royal, Brakke Grand - Holland

Festival, Hoxton Hall - Lift Festival, Mirabella Festival - Turin, Leeds Live Art Bistro, Barbican Pit and One Two Theatre - Tokyo. www.dinahmullen.com

Daniel Denton Video Design

Daniel Denton is a London based Video Designer and Animator and associate of video design collective, Mesmer. **Theatre includes:** *On Raftery's Hill* (Abbey Theatre), *Misty* (Bush Theatre & Trafalgar Studios), *Alice In Winterland* (The Rose Theatre), *Flashdance: The Musical* (International tour), *To Love Somebody Melancholy* (National Tour), *Ready Or Not* (The Arcola Theatre and national tour), *Peter Pan* (Exeter NorthcottTheatre), *Bumblescratch* (Adelphi Theatre) and *Biedermann and the Arsonists* (Sadler's Wells).

Yarit Dor Choreographer

Yarit choreographs movement, fights and intimacy for performance. She is a Shakespeare's Globe Ensemble Associate Artist, co-founder of Theatrical Intimacy and an Associate Tutor of RADA. **Theatre includes:** *Hamlet* (Shakespeare's Globe), *As You Like It* (Shakespeare's Globe), *Much Ado About Nothing* (Shakespeare's Globe), *Little Voice* (Park Theatre), *One Man Two Guvnors* (Trinity Theatre), *Romeo @ Juliet* and *As You Like It* (Shakespeare in the Squares), *Assata Taught Me* (The Gate), *Macbeth* (ImmerCity), *The Iphigenia Quartet* (The Gate), *Disgraced* (English Theatre Frankfurt), *Dark Tourism* (Park Theatre) and *Macbeth* (RIFT Theatre). **Dance includes:** dancer-dramaturg, Hagit Yakira Dance Company 2007-2010.

Charlotte R L Cooper Company Stage Manager

Since graduating with a First Class Honours in Stage and Arts Management from the University of Winchester, Charlotte has stage managed in many venues around the UK, alongside training in children's puppetry. Previous **productions include** *Henry V* as part of an Operatic Festival in Italy, *The Smurfs Live on Stage* in Malaysia, *Pyar Actually* (Birmingham Rep, Theatre Royal Stratford East and Watford Palace Theatre,) *Lord of the Flies*, *Edward II* and *Caucasian Chalk Circle* (Greenwich Theatre), *Alice Through the Looking Glass* and *Richard II* (St. Paul's Church,) and various national touring productions.